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| http://education.health.ufl.edu/files/2012/07/heart_nutrition1.jpg  Health & Nutrition  ***To help you develop and maintain a healthy lifestyle*** | Abstract  Diet, exercise, smoking, and other lifestyle choices you make all impact your overall health and your risk for cancer. Our monthly Healthy Living Newsletter is designed to help you stay well with useful information on eating right, staying active, and other steps you can take to help reduce your risk of cancer and other diseases |
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Table of Contents

**No table of contents entries found.**